STUDENT WELLNESS ADVISORY BOARD

The Student Wellness Advisory Board is a campus-wide project to address wellness concerns facing undergraduate students at UMass Amherst. Specifically, the Advisory Board seeks to:

- Support student’s access to quality health education and healthcare that supports their ability to make informed decisions about their lives;
- Provide input on current and proposed programs, services and policies of the Wellness Cluster, including but not limited to the Center for Counseling and Psychological Health (CCPH), Center for Health Promotion (CHP) and University Health Services (UHS);
- Advocate for consistent community messaging that empowers students to have a empowered perception of their health and future; and
- Support in being community leaders, role models, and advocates.

Student Wellness Advisory Board Training

Upon acceptance to the Advisory Board you will be expected to participate in intensive and ongoing training. This training will include participatory assessment projects, health and wellness topic specific workshops and community organizing/advocacy models. Meetings will be held on:

March 8th, 22nd, April 5th and 19th from 5:30-7:30 pm in the Campus Center

Who Should Apply?

Any UMass student who can commit to two semesters of participation. There are no specific GPA, residence, or academic requirements for students! We want applicants from all sectors of campus life. There are 11 slots, all applications will be given thoughtful consideration, but no more than 8 undergraduate and 3 graduate students will be accepted.

How Do I Apply?

Please complete the following application, as thoroughly and honestly as you can.

Applications must be submitted by February 26, 2016 to A. Tommy Thompson by hard copy or email:

A. Tommy Thompson
Center for Health Promotion
Email: athom1@umass.edu
Phone: 413-577-5068
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APPLICATION

Please type or print legibly.

Name (preferred):

On Campus/Off Campus Address:

E-Mail Address:

How did you learn about the Student Wellness Advisory Board?

Your Phone Number:

Birthday:

Anticipated Graduation Date, Program &/or Major:

T-Shirt Size (circle one):

S    M    L    XL    XXL
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OPTIONAL
In an attempt to be inclusive of social identities and experiences, please respond to the following.
This information is confidential and will not be used to determine acceptance to the Advisory Board. If you choose not to answer you will still be considered for the Board.

Student Loans: “I will graduate with... in student loans”

- No Student Loans
- Less than $10,000
- $10,000-$20,000
- $20,000-$35,000
- $35,000-$50,000
- More than $50,000

Do you have any disabilities?

- Yes
- No
- Prefer not to answer

If yes please list (Optional):

Will you need any accommodations to participate in the Advisory Board? If yes, please tell us what you need:

Do you have any dietary restrictions we need to know about?

What ethnicity do you consider yourself? (check all that apply)

- African (specify ____________)
- African American
- American
- South Asian/Indian Subcontinent
- Brazilian
- Cambodian
- Cape Verdean
- Caribbean Islander (specify ________)
- Chinese
- Colombian
- Cuban
- Dominican
- European
- Filipino
- Haitian
- Honduran
- Japanese
- Korean
- Laotian
- Mexican, Mexican American, Chicano
- Middle Eastern (specify ________)
- Portuguese
- Puerto Rican
- Russian
- Salvadoran
- Vietnamese
- Other (specify_________________)
- I prefer not to answer
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What language do you speak at home?

How would you describe your gender identity?

How would you describe your sexual orientation?

Are there other aspects of your identity or background that you think would be important for us to know about?
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The following questions are meant give us a better idea of who you are. In one paragraph, please answer the following questions (type or print clearly):

1) Why are you interested in participating in the Student Wellness Advisory Board?

2) What other student projects are you involved in?

3) What do you think it means to be healthy?

4) How has being a member of UMass Amherst affected your community and/or you personally?
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5) If you were stranded on a desert island and you could only have 2 things with you, what would they be? Why?

6) Is there anything else you want to share about yourself?

Thank you!