

Foundations Progress Card

Level 1

Village Name: _____
 District Name: _____
 Name of Facilitator: _____
 Name of Participant: _____

Start Date of Lesson: ___/___/___
 Start Date of Class: ___/___/___

Language	S.Date	E.Date	Math	S.Date	E.Date	Health	S.Date	E.Date	Social Studies/Religion	S.Date	E.Date
<p><u>Milestone 1:</u> Writing Names, Family Name, and Friends' Names</p> <p><u>Milestone 2:</u> Writing Common and Simple Words.</p> <p><u>Milestone3:</u> Reading and Understanding Short Texts.</p> <p><u>Milestone 4:</u> Reading Short Sentences.</p>			<p><u>Milestone 1:</u> Reading, Writing and Understanding Numbers 0-20. Knowing Concept of the Four Operations.</p> <p><u>Milestone 2:</u> Addition and Subtraction Up To 20. Simple Calculations With Money.</p> <p><u>Milestone3:</u> Knowing the Numbers From 20-100.Addition and Subtraction of Two-Digit Numbers With No Carry Over.</p>			<p><u>Milestone 1:</u> What Does Healthy Mean?</p> <p><u>Milestone2:</u> Our Health System</p> <p><u>Milestone 3:</u> Germ Theory - What Makes Us Sick and How To Prevent Getting Sick.</p> <p><u>Milestone 4:</u> First Aids: How To Treat the Bites, Cuts, Burns and Diarrhea</p>			<p><u>Milestone 1:</u> Five Pillars Of Islam and the Four Holy Books and Four Friends of the Prophet Mohammad.</p> <p><u>Milestone 2:</u> Ablution of Prayer and Terms of Prayer.</p>		
<p><u>Milestone 5:</u> Writing Simple Sentences About an Incident That Occurred In the Past.</p> <p><u>Milestone 6:</u> Writing On One's Own.</p> <p><u>Milestone 7:</u> Reading Poetry and Short Texts</p>			<p><u>Milestone 4:</u> Multiplication and Division Up To 100. Multiplication By the Power Of 10, and Time</p> <p><u>Milestone 5:</u> Measurement of Length, Volume And Weight</p> <p><u>Milestone 6:</u> Geometrical Shapes, Mapping And Diagrammatical Skills.</p>			<p><u>Milestone 5:</u> Birth Spacing; Methods and The Advantages Of Birth Spacing.</p> <p><u>Milestone 6:</u> Managing Pregnancy- Pre and Post Natal Health</p> <p><u>Milestone 7:</u> Immunization</p>			<p><u>Milestone 3:</u> Memorization of Short Soras (Holy Words of Quran).</p> <p><u>Milestone 4:</u> The Six Holy Words.</p>		
<p><u>Milestone 8:</u> Reading Written Instructions.</p>			<p><u>Milestone 7:</u> Numbers From 100-1000, Two Digit Addition and Subtraction With Carry Over. One Digit Multiplication With No Carry Over.</p>			<p><u>Milestone 8:</u> Respiratory Health and Malaria.</p> <p><u>Milestone 9:</u> Eating Healthy</p> <p><u>Milestone 10:</u> Community Action Plan.</p>			<p><u>Milestone 5:</u> The Sayings of the Holy Prophet (Hadiths-e-Sharif)</p>		