

Overview of the Bridging Curriculum

Learning for Life Bridging Program is a health-based literacy program designed for rural women to strengthen their literacy skills and improve their chances for entering community midwife training. * The curriculum of the Bridging program provides instructional materials for classes in the four subject areas of Health, Language, Math and Communications and Analytical Skills.

The Learners

- Rural women, aged 16-35
- Literate, with at least grade 6 equivalency or higher

Structure of the Classes

- 20-25 Learners per class
- 1 Facilitator
- 6 days a week
- 2 ½ hours per day
- Subject matter sessions approximately 45 minutes each
- Classes meet for 6 months

Nature of the Learning Materials

Milestone and Activity Structure: The four subjects of Health, Language, Math and Communications and Analytical Skills are organized into sets of Milestones. The Milestones are markers or competencies that indicate stages of progression through the subject matter. Each Milestone contains a set of sequential activities which gradually builds the concepts and skills targeted in the Milestone. These activities are lessons designed with an active learning approach to make learning more engaging and effective. Upon completion of the instructional activities of a Milestone, each learner completes evaluation activities which indicate whether she has learned that Milestone and can proceed to the next Milestone, or if she needs more review.

Summary Structure of the Learning Materials

Subject
 Milestones
 Activities
 Evaluation Activities

* For more detailed information about the Bridging program or curriculum, please refer to the Facilitator Guide in the Supporting Documents Files.

Learning Materials

- **Facilitator Books** – Provides instructions and activities for each milestone in the subject areas, and content information for the Facilitators as needed.
- **Learner Books** – Provides supplemental materials for the Learners in math and language.
- **Progress Card** – Provides a list of all the milestones of the four subject areas. Progress through the milestones and subjects is tracked on each learner's individual Progress Card by noting her successful completion of each milestone's evaluation activities in each subject.

The Draft Nature of These Materials

It is very important to note that these materials are DRAFT. There are numerous inconsistencies in the materials in terms of format, style, information provided, etc. It must be kept in mind that these materials need further testing, review, and revision.

In the original version of some activities in these materials, some of the information given is inaccurate. In these cases, in the English translation the original information is retained, but is highlighted. Incorrect information was not corrected in the English because in the case that one wishes to use the Dari or Pushto version of the materials, it will be important to make sure that these errors (from English into Dari/Pashto) are corrected in the Dari/Pashto materials which will be used in the literacy classes. The English materials presented here provide a reflection of the original set of materials used in the Learning for Life Bridging classes.

Bridging Milestones

Communication	Language	Math	Health
1. Knowing Each Other and Working As a Group	1. Understanding the Basic Marks and Rules of Basic Punctuation	1. Learning Numbers From 1000 To 100 000	1. Conceptualising the Notion of Health
2. Listening and Communication	2. Reading Aloud and Fluently	2. Addition and Subtraction of Two and Three Digit Numbers	2. Infection Prevention- What Makes Us Sick and How To Prevent It
3. Speaking With Self-Confidence	3. Reading Silently	3. Multiplication and Division (Up To 2 Digits)	3. Mapping the Body
4. Problem-Solving and Critical Thinking	4. Copying Texts	4. Measurement of Length-Whole Numbers	4. What Impacts Women's Health?
5. Interviews	5. Writing Correctly	5. Weight and Volume	5. Food and Nutrition
6. Reading And Understanding Basic Information Presented In a Table	6. Basic Principles of Grammar	6. Simple Fractions	6. Understanding the Digestive System
7. Collecting, Collating and Understanding Data	7. Establishment of Technical Terms Dictionary	7. Basic Percent	7. Understanding the Respiratory System
8. Observation	8. Writing Reports	8. 1-2 Digit Division, Averaging, Rounding, and Recognizing Millions	8. Understanding the Circulatory System
9. Facilitation And Mediation	9. Reading and Writing Texts	9. Ratios	9. Understanding the Skeletal System
10. Making Plans For Activities	10. Reading and Following Instructions	10. Decimals	10. The Health Care System and the Role Of Health Workers
		11. Advanced Measurement	11. Understanding the Urinary System
		12. Time And Calendar	12. Understanding the Reproductive System
			13. Safe Motherhood
			14. Creation of a Sound and Healthy Community