

Simple food and healthy
eating from
THE JAPANESE KITCHEN

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Japanese meals excel

- Simple
- Healthy
- Proper portion size
- Delicious
- Quality



Select Japanese recipes that have potential in an American cafeteria, and....

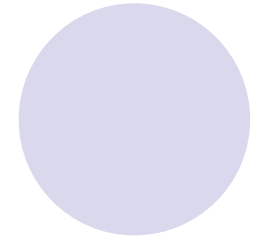
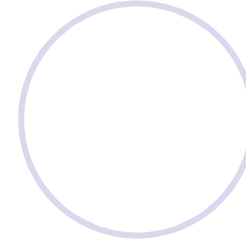
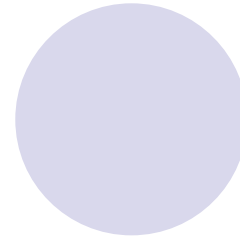
For chefs;

- Cost effective
- Not many ingredients
- Simple preparation - little training required
- Prepared foods that hold well

For diners;

- Affordable & satisfying
- Good taste & texture
- Attractive & familiar appearance
- Nothing “weird”

Buta no shoga-yaki (ginger flavored pork)



Traditional vs American friendly



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Hiroko's Kitchen, LLC www.hirokoskitchen.com



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Tori namban

(chicken marinated in *shoyu*, vinegar and sugar)



New *tori namban*



Looks like fried chicken,
but new flavor!

Omuraisu (rice cooked with chicken pieces flavored with ketchup)



Easy preparation – all cooked
In one pot

Workshop dishes.....

