Getting Experience... ... ... About Internships
Work with professionals and experience the work world before you graduate.

Attend a weekly information session. For the schedule go to: http://www.umass.edu/careers/calendar/

Through internships and co-ops you will gain skills, industry knowledge, and contacts in the professional world. Many students have received job offers from these experiences or because of them.

Opportunities are available for all MAJORS, and can be at local, national or international sites. Internships can be paid or not, depending upon the employer. Semester internship credit is part of regular tuition, while summer or winter session credit is through Continuing Education and is calculated per credit.

All confirmed internships/co-ops are now entered by students themselves within the CareerConnect system for convenience, so no more paperwork!

Internships
Internships can carry academic credit, and if so, must be sponsored by a faculty member. Credits are earned either in your major or as general electives applied toward graduation. Up to 18 total internship credits can be earned, depending upon the academic department. If students do not yet have a minimum of 45 credits and at a 2.0 GPA+, they can still do an internship if they obtain an extra Dean’s signature in addition to a faculty sponsor.

Cooperative Education
Co-ops are PAID positions lasting from 3-9 months, either for a semester or a semester plus a summer. Students do not earn academic credit but co-ops are noted on transcripts.

What previous UMass interns had to say...

“My life is going in a completely new direction because of my time at the White House. I met so many amazing people and experienced great things. I wouldn’t trade that fall in DC for anything, and I am so happy I applied”.

“My time at Reebok in marketing really helped me to broaden my goals. My mind has been opened up to possibilities I hadn’t thought of.”

“My co-op was excellent. I earned great money while putting my technical skills to work at GE.”

“My main task was to find sponsorships for our fundraising events, like the ’Daffodil Fun Run’. The environment was welcoming and I think was important work.” Big Brothers / Big Sisters, Amherst

“I learned what I did not want to do!!”

“Dream big! There are so many opportunities out there. The experience should be challenging, rewarding, and educational!” KPMG LLP

“Choose an internship that you are very interested in and one you could see yourself working at because you could be offered a job like me!” Bristol-Myers Squibb

Here are some places students have interned...
Animal Planet, ABC World News, Frontline PBS
Amazon, Google, Instagram
New England Aquarium, Cincinnati Zoo
Novartis, Sanofi Genzyme
Baystate Health, Beth Israel Deaconess Medical Center
Smithsonian, Edward M. Kennedy Institute
Amherst Community Television, Iron Horse Entertainment
MassMutual, Hasbro, ISO New England
Chrysler Group, Delta Airlines
PUMA, Dunkin’ Brands, Target, TJX, Kohl’s
Key Program, May Institute, Amherst Public Schools,
Full Circle Adoptions, Tapestry Health
Massachusetts Life Sciences Internship Challenge
3M, NASA Space Center, EMC
US Fish and Wildlife, Natural Resource Conservation
Ernst & Young, MFS Investments, State Street

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