### UMASS Recreation Center

- **Groundbreaking:** November 2, 2007
- **Opening Date:** October 30, 2009
- **Official Opening Celebration:** December 3, 2009
- **Facility Square Footage:** 120,000

  **Square Footage Breakdown**
  - Circulation Mechanical: 41,000
  - Support Space: 15,000
  - Total Activity Space: 65,100
  - Gymnasium: 20,300
  - Jogging Track: 5,300
  - Weights & Fitness: 21,000
  - Activity Rooms: 8,000
  - Wellness Center: 300
  - Administrative Suite: 3,300
  - Locker Rooms: 5,300
  - Sports Club Resource Room: 1,600

- **Cost:** $50 million  
  (Total Construction Cost: $38.2 million)
- **Architect:** Sasaki Associates
- **UMASS Campus Recreation staff:** 12 full-time staff, 0 graduate assistants, 300+ student employees
- **Recreational Management Software:** CSI Software (Point of Entry, Membership, Locker, Equipment, etc.)
- **Website:** [www.umass.edu/campusrec](http://www.umass.edu/campusrec)

#### Hours of Operation

<table>
<thead>
<tr>
<th>Fall &amp; Spring Semesters</th>
<th>Summer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday - Thursday</td>
<td>6am - 12midnight</td>
</tr>
<tr>
<td>Friday</td>
<td>6am - 10pm</td>
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<tr>
<td>Saturday</td>
<td>10am - 10pm</td>
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<tr>
<td>Sunday</td>
<td>12noon - 11pm</td>
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</tbody>
</table>

#### Membership Eligibility

- **Current Undergraduate Students, Amherst campus**: No extra fee fall or spring semester  
  $40 / summer
- **Graduate, Continuing Education & Part-time Students**: $100 / semester  
  $40 / summer
- **Faculty/Staff**: $150 / semester  
  $40 / summer
- **Retirees (Faculty/Staff)**: $125 / semester  
  $40 / summer
- **Affiliates (Spouse/Domestic Partner & Dependents)**: $125 / semester  
  $40 / summer
- **Alumni**: $175 / semester  
  $40 / summer
- **Guests of Members**: $10 per day per guest  

#### Boyden Building & Totman Building

- UMASS Campus Recreation utilizes Boyden & Totman to provide open recreation swim time to members
- **Boyden Gym:** Gym court space and racquetball/squash courts are also utilized for open recreation for members

#### UMASS Recreation Center Amenities: (ADA compliant facility)

- **Administrative Offices**
  - Main Office 112: 8 offices, kitchen area, office supplies, restroom, student work area, 1 open office
  - Office 110: Human Resources Coordinator
  - Office 107A: Work area for two Recreation Repairers
- **Conference Room**
  - Seating for 12+
  - Within Administrative Office area
  - Smartboard Technology
- **Gymnasium**
  - Three courts - available for badminton, basketball, volleyball
  - Court Size: 50’ x 84’ with a minimum of 9’6” surrounding each court
  - Flooring: Wood - Connor Sports Flooring - Rezill Channell
  - Basketball Goals & Master Equipment Controller: Jaypro Sports, Inc.
  - Divider curtains can separate the three courts
  - Volleyball & Badminton System: Senoh via Sports Imports
  - Scoreboards: Nevco
- **Suspended 3-lane track**
  - Approximately 10 laps per mile
  - Flooring: Rubber - Mondo Sport Flex
- **Group Fitness Rooms**
  - 118/121: (primarily used for Sport Clubs & Group Fitness classes)  
  (can be separated with partition)
**Fitness Center - Cardiovascular Equipment, Resistance Training Equipment & Free Weights**
- Includes approximately 27 televisions total on levels 2 & 3 in the cardio and free weight areas
- Flooring: Rubber - Mondo Sport Impact
- Resistance Training Equipment: Life Fitness, Hammer Strength & TechnoGym
- Dumbbells: Iron Grip & Troy
- Plates: Iron Grip & Troy
- 46 Treadmills: Life Fitness (21), Woodway (5), TechnoGym (20)
- 66 Ellipticals: Life Fitness (25), Precor (34), TechnoGym (7),
- 5 Arc Trainers (Cybex)
- 5 Rowers (Concept 2)
- 2 Powermills (Life Fitness)
- 1 Stairmaster
- 14 Upright Bikes: Life Fitness (10), TechnoGym (4)
- 14 Recumbent Bikes: Life Fitness (10), TechnoGym (4)
- 1 Technogym Top Excite - Upper Body Ergometer

**Courtside Café**
- Located on 2nd level in lobby open to general public
- Operated by University Food Services
- Selection of items includes smoothies, salads, fruit, protein bars, sandwiches, wraps and a variety of drinks

**Locker Rooms**
- 756 lockers total (378 in Men's and Women's locker rooms)
- Within each locker room, 60 full size and 318 half size
- Lockers available for semester rental
- Lockers available for daily use
- Republic Storage Systems  Canton, OH
- 12 shower stalls in each locker room
- Ceramic tile flooring

**Handicapped Accessible Bathroom**

**Conference Rooms (112 & 117)**

**Boxing Area**
- 2 Heavy bags and 2 speed bags (Everlast Equipment)

**Wellness Center**
- Nutrition Advising and print/visual resources
- Meditation Corner

**Hydration stations**
- 1 on Level 1, 1 on Level 2, 2 on Level 3
- Touch-free, hygienic
- Filtered water

**Restrooms on each level**

**Industrial Washers/Dryers in Equipment Room area - UNIMAC**

**Intramural Sports** *(check website for latest schedule)*
- **Fall Team Sports**: 2-Ball Soccer, Extreme Dodgeball, Field Hockey, Flag Football, Holiday Basketball, Kickball, Sand Volleyball, Seated Volleyball, Soccer, Spikeball, Volleyball, Wiffleball
- **Fall Singles Sports**: Badminton Singles, Bean Bag Toss, eSports FIFA 18, Punt, Pass & Kick, Racquetball Singles, Revolution Run, Table Tennis Singles, Tennis Singles
- **Spring Team Sports**: 4-on-4 Football, Basketball, Broomball, Co-Rec Soccer, Co-Rec Volleyball, Dodgeball, Floor Hockey, Softball, Speedball, Sports Trivia, Ultimate Frisbee, Wallyball
- **Spring Singles/ Doubles Sports**: 3-on-3 Outdoor Basketball, Badminton Doubles, Basketball Shooter’s Challenge, Homerun Derby, Kan Jam, Racquetball Doubles, Table Tennis Doubles, Tennis Doubles
- **Extramural Sports**: Regional Basketball Tournament (Spring)

**Fitness**
- **Group Exercise classes offered (~121 per week)**: 30-Minute Abs, 30-Minute Stretch, Ballet, Barre, Boot Camp, Cardio Dance, Cardio Kickboxing, Contemporary Dance, Express Spin, Insane Body Challenge, Kettleball Power, Meditation, Pilates, Qigong, Rec Spin, Spinning, Spin & Body, Spin & Core, Strength Circuits, Total Body Burn, TRX Boot Camp, Yoga (Acrobatic, BRoga®, Buti, Classical Hatha, Power Vinyasa, Vinyasa, Yin), Zumba®

**Wellness**
- Personal Training, Fitness Certifications, Nutrition Advising, Meditation Corner