

UNIVERSITY OF MASSACHUSETTS  
INTRAMURAL SPORTS

**ICE HOCKEY RULES**

The current official *NCAA Ice Hockey* rules with *intramural modifications* will govern play.

Each player must present his/her [valid UMass UCard](#) to participate in each and every intramural contest.

For the full list of intramural policies and procedures, please read the [Intramural Captains Guide](#).

Team captains are responsible for the conduct and eligibility of their teams and adherence to the rules governing play.

**I. INCLEMENT WEATHER**

- A. Captains should call the Campus Recreation office (545-0022) and/or the Mullins Ice Rink (545-3990) to check on the status of any scheduled games. If the University closes, games **must** be canceled. Canceled games cannot be rescheduled due to ice time limitations.

**II. GOALKEEPERS**

- A. If a team's goalkeeper cannot play for any reason, the captain may solicit the services of any other goalkeeper.
- B. Substitute goalkeepers may be used only once during the playoffs.

**III. TEAM CAPTAINS RESPONSIBILITIES**

- A. Relay all league rules and procedures to your team.
- B. Relay to your teammates and fans that **alcohol is strictly prohibited on Mullins property. This includes outside and inside the ice rink.**
- C. Sign your team in legibly on the scoresheet.
- D. Fulfill any other team captain's duties as outlined in the *Captains Guide*.

**IV. EQUIPMENT**

- A. All players **must** have a light and dark jersey with them for all games. Home teams will wear light colors; away teams will wear dark colors. Judgment of similar colors is at the discretion of the head referee.
- B. Mouthguards are required.
- C. Face guards must have a molded chinguard with attached face mask.
- D. Elbow pads, shoulder pads, shin pads, protective cup, hockey pants, gloves and skates with approved safety heel tips **are mandatory**.
- E. Return at game's end any borrowed equipment including pucks. Failure to do so will result in the captain being billed through University channels for the missing equipment.

**V. GAME PROCEDURES**

- B. Questions regarding a player's eligibility must be brought to the attention of the head referee and/or the league commissioner when the concern arises. Completed games are final and the score will stand.
- C. Appropriate use of the Mullins Ice Rink is a **must** for you, your teammates, and your fans. Abuse of Mullins Ice Rink facilities and/or personnel will result in suspensions, forfeits and possible league termination. This includes leaving the locker rooms clean at game's end.
- D. Keep all players off the ice while it is being re-surfaced. All warm-up stretching can be done at the bench area. Players on the ice during re-surfacing will be assessed an automatic delay of game penalty.

**VI. GAME PLAY**

- A. A game will consist of three (3) fifteen (15) minute periods with a one (1) minute intermission between periods. The game will be running time except for the **last minute** of the third period, unless one team is ahead by five or more goals.
- B. Penalties will be two (2) minutes for a minor, five (5) minutes for a major, and ten (10) minutes for misconduct. Penalty **clock will not run** during stoppage of play. A two (2) minute warm-up will be permitted.
- C. Games tied at the end of regulation will stand as tied games.

1. In championship playoff games, one (1) sudden victory five minute running time period will be played.
  - a. If the game is still tied after the sudden victory overtime period, a four (4) player shoot out will be held.
- D. A team must have four (4) players to start a game & play the game. One does not have to be dressed for goalkeeper but no player will be given goalkeeper privileges.
- E. A forfeit will result if a team is five (5) minutes late for on-ice time, does not have four (4) players ready to play, or uses non-roster players. The game clock will start at the scheduled time. A delay of game penalty will be assessed for every minute a team has less than four (4) players.
- F. **Unsportsmanlike Conduct-** verbal abuse of the officials (referees, scorer, trainer, etc.) and physical misconduct will result in a game misconduct. A second offense will result in ejection from the game. Physical abuse of the officials and fighting will result in immediate ejection from the game. Ejected player(s) are **ineligible** for any subsequent hockey games until they attend a civility hearing with the Campus Recreation staff. The Campus Recreation Staff may impose additional suspensions.
- G. **Team Captain-** only the team captain or designated player may converse with the officials.
- H. **Icing-** National Hockey League *icing rules* will be enforced. The puck must be touched by a defensive player for 'icing' to be called.
- I. **Disqualification-** any attempt to injure or attempt to butt-end or spear an opponent will result in an immediate ejection from the game. The offending player(s) are **ineligible** for any subsequent hockey games until they attend a civility hearing with the Campus Recreation staff. The Campus Recreation Staff may impose additional suspensions.
- J. **Delay of Game-** any player skating on the ice before the zamboni finishes re-surfacing the ice will incur a two (2) minute minor penalty.
- K. **High Sticking-** carrying sticks above four (4) feet is prohibited and will incur a two (2) minute minor penalty. If an injury results from a high sticking violation, the offending player(s) will be immediately ejected from the game. Ejected player(s) are **ineligible** for any subsequent hockey games until they attend a civility hearing with the Campus Recreation staff. The Campus Recreation Staff may impose additional suspensions.
- L. **Body Checking-** body checking of any type is not permitted. A minor infraction will incur a two (2) minute minor penalty. If an injury results from a body checking violation, the offending player(s) will be immediately ejected from the game. Ejected player(s) are **ineligible** for any subsequent hockey games until they attend a civility hearing with the Campus Recreation staff. The Campus Recreation Staff may impose additional suspensions.

GOOD LUCK and enjoy the *ice hockey* season!

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