



Policy Rationale

Items to bring...

Your UCard – you'll need it to get in!

A spare pair of proper workout sneakers so that the equipment and floors stay clean.

Proper workout clothes. Please no jeans while working out. They damage the upholstery on the equipment.

Only water in a clear plastic bottle. Sugary drinks will not only stain equipment, carpet, flooring, but the spots will become sticky and extremely difficult to clean.

If you love it, leave it – don't take anything into the recreation center that is extremely valuable to you.

Please respond to instructions from Campus Recreation Staff – they have been trained to serve you in the interest of keeping everyone safe and the facility clean.

Policies once inside...

Please put phones away! Make sure you are not distracted or distract others while working out. This could become a potential hazard. You may make calls and text friends in the lobby of the building.

No food or gum. For the same reason we only allow water, gum and food stains will be nearly impossible to remove. You may eat at the juice bar in the building mall area.

Be ready to put non-workout materials away. We have plenty of space in designated areas to store wallets, phones, backpacks, etc. You can borrow a lock from the equipment counter with your Ucard, but remember to return it after use. Or you can bring your own lock to use for the day. Cubbies are for day use only and any person locks left at the end of the day will be removed. Remember to take your personal belongings with you!

Wipe down the equipment – no one likes heading over to an empty bench and then seeing a puddle of sweat there. There will be spray bottles and towels easily accessible throughout the facility. Spray the towel (not the equipment) to make the piece of equipment ready for the next patron.

Re-rack put away weights/stability balls, etc. If employees have to go around and pick up after every patron, it doesn't allow them time for other maintenance or patron issues that come up. Putting back the equipment in the proper location will make it a much more enjoyable experience for everyone.

Remind other patrons of policies – you may witness someone improperly dressed or using their cell-phone. A friendly, helpful reminder from a fellow patron can go a long way to improving the experience for everyone.

It is very important that this building remain clean and inviting for years to come.

Thank you for your cooperation!

Still have questions? Head to <http://www.umass.edu/campusrec/facilities/indoorfacilities/recreationcenter/policies/index.html>