FIND COURSES THAT MATCH YOUR INTERESTS!

READ THIS FIRST! As an undeclared student, you should see an advisor (Undergraduate Advising, 613 Goodell, 545-2191) to discuss courses that will meet GenEd requirements and/or will prepare you for a major you might be interested in pursuing. Make sure you’re taking courses that interest you, and that you will need to complete your program and major in a timely fashion. This guide is intended ONLY to help students find GenEd requirements or electives that may be of interest. **NOTES:** 1) Courses in bold are 4-credit; plain text courses are 3-credit (pay attention to your GenEd requirements, and ask if you have questions!). 2) SPIRE course designations are not used in this list. 3) If course is preceded by an (F) – fall or (Sp) – spring, the course is typically offered ONLY in that semester. 4) Courses with an * assume a certain level of mathematical ability (prerequisite based on a student’s Math Placement Score); see an advisor for more information.

<table>
<thead>
<tr>
<th>INTEREST</th>
<th>COURSES</th>
<th>COURSE TITLES</th>
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</thead>
<tbody>
<tr>
<td>HELP PEOPLE SOLVE PROBLEMS OR RESOLVE CONFLICTS</td>
<td>Psych 100 (SB) Educ 115, 210 (IU) Soc 106, 110 (SBU) Anthro 100 (SBG) Anthro 104 (SBG) Anthro 105 (SBG) Res Econ 121 (SBG) Legal 250 (SBU) *sophomores only Pub Health 129 (SBU)</td>
<td>Intro to Psychology Embracing Diversity/ Social Diversity in Educ. (multiple intro to sociology courses) Human Nature Culture, Society &amp; People Language, Culture, &amp; Communication Hunger in Global Economy Intro to Legal Studies (Sophomores only) Health Care For All</td>
</tr>
<tr>
<td>PLAN EVENTS</td>
<td>HTM 100 Res Econ (Sp)140 (3 cr), (F)162 (4 cr) Comm 118</td>
<td>Intro to Hospitality &amp; Tourism Mgt. Managing Own Business, Consumer in Society Interpersonal Communication</td>
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<tr>
<td>MOTIVATE PEOPLE</td>
<td>(Sp) Res Econ 140, 142 Res Econ 162 (SB) Comm 118 Comm 121 Psych 100 (SB) (F) PoliSci 280 (SB) Soc 106, 110 (SBU)</td>
<td>Managing Your Own Business, People in Organizations Consumer in Society Interpersonal Communication Intro to Media &amp; Culture Intro to Psych Public Policy (multiple intro to sociology courses)</td>
</tr>
<tr>
<td>ENTREPRENEURSHIP</td>
<td>Econ 103*, 104* (SB) (Sp) Res Econ 140, 142 Res Econ 162 (SB) Comm 118 Labor 280 (IU)</td>
<td>Microeconomics, Macroeconomics Managing Your Own Business, People in Organizations Consumer in Society Interpersonal Communication Labor &amp; Work in the US</td>
</tr>
</tbody>
</table>
### FIND COURSES THAT MATCH YOUR INTERESTS!

#### MEDIA OR FILM
- Comm 121, 122
- Comm 140
- Anthro 106 (SBG)
- CompLit 381 (AT)
- Intro to Media & Culture; Media Prog. & Institutions
- Intro to Film Studies
- Culture Through Film
- Self-Reflective Avant-Garde Film

#### RESTAURANT/CLUB MANAGEMENT
- HTM 100 (Sp) Res Econ 140
- Res Econ 162 (SB)
- Food Sci 150 (BS)
- Intro to Hosp. & Tour. Mgt.
- Managing Your Own Business
- Consumer in Society
- The Science of Food

#### PERSUASION & DEBATES
- Phil 110^* (RZ)
- Phil 160 (AT)
- Poli Sci 162 (SB)
- PoliSci 181 (SBU)
- Legal 250 (SBU) *sophomores only
- Phil 164 (AT)
- Intro to Logic
- Intro to Ethics
- Constitutional Law
- Controversies in Public Policy
- Intro to Legal Studies (sophomores only)
- Medical Ethics

#### TV CRIME SHOWS
- Soc 103 (SBU)
- Soc 241
- Psych 100 (SB), 380
- Legal 250 (SBU)
- Chem 102 (PS)
- Bio 106 (BS)
- Social Problems
- Criminology
- Intro to Psych, Abnormal Psych
- Intro to Legal Studies
- General Chemistry
- Human Biology

#### SPORTS OR PHYSICAL ACTIVITY
- Kin 100, 110 (BS)
- PubHlth 160 (SI)
- Sport Mgt Courses
- Intro to ExerSci/Human Perf & Nut
- My Body, My Health
- (Attend SpMgt Orientation to take courses)

#### HEALTH & NUTRITION
- Nutrition 130 (BS)
- Kin 100 or 110 (BS)
- Res Econ 121 (SBG)
- MicroBio 160 (BS)
- Bio Chem 100 (BS)
- Bio 106 (BS)
- Pub Health 129(SBU), 160 (SI)
- Food Sci 101
- Food Sci 150 (BS)
- Nutrition for Healthy Lifestyle
- Intro to ExerSci/Human Perf & Nut
- Hunger in Global Economy
- Biology of Cancer & Aids
- My DNA
- Human Biology
- Health Care For All/My Body, My Health
- Food & Health
- The Science of Food

#### WRITING AND/OR READING
- Any Literature gen ed (AL)
- Any Comp. Lit, English, or History, or PoliSci
- (refer to gen ed list and/or SPIRE)

#### HISTORY OR CURRENT EVENTS
- Poli Sci 101, 121, 162 (SB)
- PoliSci 111, 171 (SBG)
- History or Classics100-level (HS/G/U)
- English 270 (AL)
- Econ 103*, 104* (SB)
- Res Econ 121 (SBG)
- American/World/Constitutional Law
- Comparative Politics / International
- (see gen ed list and/or SPIRE)
- American Identities
- Microeconomics, Macroeconomics
- Hunger in Global Economy

#### SOCIAL JUSTICE & DIVERSITY
- Soc 106, 110 (SBU)
- Educ 115 or 210 (IU)
- Bio 105 (BS)
- Afro-Am 101
- Afro-Am 236 (HSU)
- WomensSt 187 (IU)
- English 115 (ALU)
- English 270 (AL)
- Phil 164 (AT)
- Anthro 104 (SBG)
- Labor 201 (SB)
- (multiple intro to sociology courses)
- Embracing Diversity / Social Diversity
- Biology of Social Issues
- Intro to Black Studies
- History of Civil Rights Movement
- Intro to Gender, Sexuality & Culture
- American Experience
- American Identities
- Medical Ethics
- Culture, Society & People
- Issues of Women & Work
# FIND COURSES THAT MATCH YOUR INTERESTS!

## POLITICS OR POLITICAL ACTIVISM

<table>
<thead>
<tr>
<th>Course</th>
<th>Institution</th>
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<tbody>
<tr>
<td>Afro-Am 101 or other 100-level</td>
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<tr>
<td>Afro-Am 236 (HSU)</td>
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<tr>
<td>Poli Sci 101, 121, 162 (SB)</td>
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<tr>
<td>PoliSci 111, 171 (SBG)</td>
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<tr>
<td>Soc 106, 110 (SBU)</td>
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<tr>
<td>History 154 (HSU)</td>
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<td>Educ 210 (IU)</td>
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<tr>
<td>Bio 105 (BS)</td>
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<td>WomensSt 187 (IU)</td>
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<td>Phil 164 (AT)</td>
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<td>English 131 (ALG)</td>
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## COMMUNITY SERVICE

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<th>Course</th>
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<tr>
<td>Soc 106, 110 (SBU)</td>
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<tr>
<td>Bio 105 (BS)</td>
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<tr>
<td>Res Econ 121 (SBG)</td>
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<td>Public Health 129 (SBU)</td>
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<tr>
<td>PubHlth 160 (SI)</td>
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Go to [http://www.umass.edu/bdic/civx/](http://www.umass.edu/bdic/civx/) for information about civic engagement courses related to the BDIC major or the certificate program.

## FOREIGN COUNTRIES, CULTURES & LANGUAGES

<table>
<thead>
<tr>
<th>Course</th>
<th>Institution</th>
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<tbody>
<tr>
<td>(P) Afro-Am 254 (HSG)</td>
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<tr>
<td>Anthro 100, 104, 105 (SBG)</td>
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<tr>
<td>Classics 100, 102 (HS)</td>
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<tr>
<td>Classics 224 (AL)</td>
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<tr>
<td>CompLit 141 (ALG)</td>
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<td>CompLit 121 (AL)</td>
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<tr>
<td>German (Sp) 270 (AL), (Sp) 304 (AT), (F) 363 (IG)</td>
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<tr>
<td>Geo Sci 102 (SBG)</td>
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<td>History 170 (HSU)</td>
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<tr>
<td>History 110 (HSB)</td>
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<tr>
<td>(Sp) History 114 (HSG)</td>
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<tr>
<td>History 120, 121 (HSG)</td>
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<tr>
<td>History 130 or (Sp) 131 (HSG)</td>
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<tr>
<td>Japan 135 (IG), (Sp) 197C</td>
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<tr>
<td>Judaic 101 (AT) or 102 (HSG)</td>
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<tr>
<td>Linguistics 101 (SB)</td>
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<tr>
<td>PoliSci 121 (SBG)</td>
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<tr>
<td>Any Language Course</td>
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## ENVIRONMENT & SUSTAINABILITY

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>NRC 100 (SI)</td>
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<tr>
<td>EnvirSci 101 (BS)</td>
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<tr>
<td>Bio 108 (BS)</td>
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<tr>
<td>Res Econ 263 (SB)</td>
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<tr>
<td>PlSoilIn 126 (BS)</td>
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<tr>
<td>(Sp) PlSoilIn 185 (I)</td>
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<tr>
<td>Physics 118 (PS)</td>
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<td>NRC 120</td>
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<tr>
<td>NRC (F) 260, (Sp) 261</td>
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<tr>
<td>BCT 211</td>
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Society & Environment
Intro to Environmental Biology
Biodiversity
Natural Resource Economics
Insects & Human Society
Sustainable Living
Energy & Society
Basic Scuba (2 credits, $150 fee)
Fisheries Conservation; Wildlife Conservation
Energy Efficient Housing
FIND COURSES THAT MATCH YOUR INTERESTS!

| SCIENCE and/or BUSINESS of FOOD | Res Econ 121 (SBG)  
| Res Econ 141 (2 credits) | Hunger in Global Economy  
| Res Econ 162  
| HTM 100  
| Food Sci 150 (BS) | Consumer Marketing Horticulture  
| Food Sci 101, 102, 160  
| Nutrtn 130 (BS) | Consumer in Society  
|  | Intro to Hospitality & Tourism Mgt  
|  | Science of Food  
|  | Food & Health; World Food Habits; Nature of Food  
|  | Nutrition for Healthy Lifestyle |

| PERFORMING ARTS | Music 102, 103 (ATU)  
| Music 100 (AT), 150 (ATG)  
| Theater 100 (AL), 130 (ALU)  
| Theater 140  
| Dance 101, 103, 106 (non-major)  
| Japanese 235 (ATG)  
| English 221 (AL)  
|  | Afro-Am Music, History of Jazz  
|  | Music Appreciation / The Lively Arts  
|  | Intro Theat./ Contemp. Playwrights of Color  
|  | Basic Techniques in Performance  
|  | Modern/Ballet & Jazz (all 2 cr)  
|  | Performing Arts of Japan  
|  | Shakespeare |

| VISUAL ARTS | Art 104 or 105 (AT)  
| Art Hist 100 or 115 (ATG)  
| (Sp) Anthro 234 (AT)  
| EnvirDes 140 (AT)  
| Japanese 135 (IG)  
|  | (minimal seats in A & H RAPS only)  
|  | Ancient-Medieval Art / Visual Arts  
|  | Art in Cross Cultural Perspectives  
|  | Awareness of the Visual Environ.  
|  | Japanese Art & Culture |

| ANCIENT HISTORY | Anthro 102 (SBG), 150 (HSG)  
| Classics 100 (HS)  
| Classics 224 (AL)  
| Art Hist 100 (ATG)  
| Phil 100 (AL)  
|  | Archeology &Pre-History; Ancient Civ.s  
|  | Greek Civilization  
|  | Greek Mythology  
|  | Ancient-Medieval Art  
|  | Intro to Philosophy |

| INFORMATION TECHNOLOGY (IT) | CompSci 105* (R2)  
| CompSci 120 (R2)  
| (F) CMPSCI 191P  
| (see IT minor information:  
http://www.umass.edu/itprogram/it%20minor%20page.html)  
|  | Computer Literacy  
|  | Problem Solving w/Internet  
|  | S-Intro to PGMG |

| ANALYZE, PROBLEM SOLVE, LOGICAL THINKING | Phil 100 (AL)  
| Phil 110* (R2)  
| Phil 160, 164 (AT)  
| Physics 100* (PS)  
| PoliSci 181 (SBU)  
|  | Intro to Phil  
|  | Intro to Logic  
|  | Intro to Ethics / Medical Ethics  
|  | Conceptual Physics  
|  | Controversies in Public Policy |

| LEARN ABOUT THE EARTH, AND/OR OUTER SPACE | Astron 100* or 101* (PS)  
| Geo-Sci 103, 105 (PS)  
| (Sp) Geo-Sci 250 (SI)  
| Physics 120 (PS)  
|  | Explore the Universe / Solar System  
|  | Oceanography / Dynamic Earth  
|  | Natural Disasters  
|  | Big Bang to Black Hole |

| DISCOVERY CHANNEL TOPICS | (Sp) Geo-Sci 250 (SI)  
| Pub Health 129 (SBU), 160 (SI)  
| Chem 102 (PS)  
| MicroBio 160 (BS)  
| BioChem 100 (BS)  
| Anthro 100, 104, 105 (SBG)  
| Res Econ 121 (SBG)  
| Psych 100 (SB)  
| History or Classics courses  
|  | Natural Disasters  
|  | Health Care For All/My Body, My Health  
|  | General Chemistry  
|  | Biology of Cancer & Aids  
|  | My DNA  
|  | Human Nature; Culture, Soc & People; Lang, Culture, Comm.  
|  | Hunger in Global Economy  
|  | Intro to Psychology  
|  | See gen ed list and/or SPIRE |